

## Autism Support Pack - Home

**A useful resource to support parents and carers who care for autistic children.**

The pack contains over 50 resources which are categorised according to the 4 Areas of Need in an Education, Health and Care Plan.

1. Cognition and Learning
2. Social, Emotional and Mental Health Difficulties
3. Sensory and Physical Needs
4. Communication and Interaction

Each resource comes with advice on how it can be used to support communication and interaction, engage learners and reduce stress and anxiety.

## Contents

### Cognition and Learning

Symbolised resources to support children with their understanding and learning in a variety of areas.

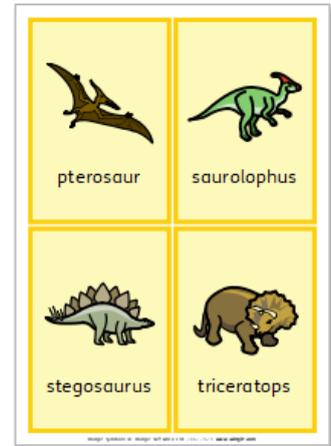
#### Activities

- Bee Counting
- Colourful Semantics
- Count Write Show
- Fine Motor Skills
- Match Symbol to Symbol
- Match Symbol to Text
- Pattern Strips
- Playdough Activities
- Sorting
- Treasure Hunts
- Viewfinders



## Flashcards

- 2D
- 3D
- Alphabet
- Animals
- Colour
- Dinosaurs
- Numbers To 10
- Numbers To 100
- Phase 2 Phonics
- Rhyming
- Transport
- Words To 100



## Sensory and Physical Needs

Visuals to support sensory and physical needs including co-regulation and personal care.

- Food Diary Template
- Getting Ready
- Home School Diary
- Personal Care Folder Cards
- Sensory Regulation Folder Cards
- Showering Bathing
- Teeth Brushing
- Toileting
- Washing Hands

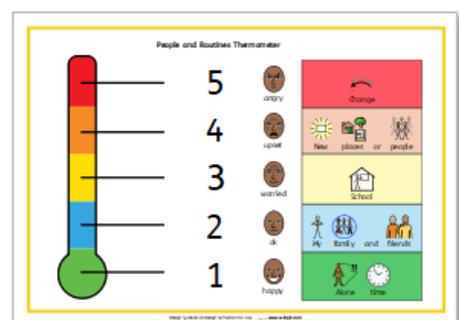


## Social, Emotional and Mental Health Difficulties

Resources to support transitions and ease anxiety including labels, social stories and diary templates.

### Feelings and Emotions

- Guidance
- Landscape Examples
- Portrait Examples
- Thermometers



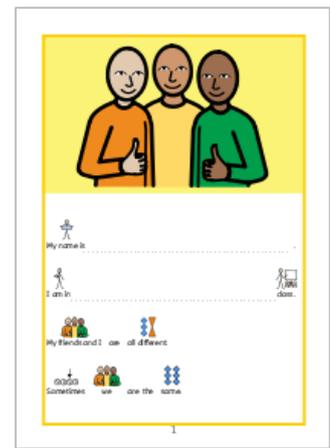
## Routines

- 5 Day Planner
- 7 Day Planner
- 2023 Calendar
- Countdowns
- Door Signs
- Folding Chart
- Large Everyday
- Large Labels
- Lunch Time Symbols
- Narrow Labels
- Small Labels
- Today
- Visual Timetable



## Social Stories

- 11 Getting Ready
- I Am Autistic
- My Friend is Autistic
- Taking Care of My Body
- Taking Turns
- Toilet Home
- Toilet School
- When Things Change
- Winning and Losing

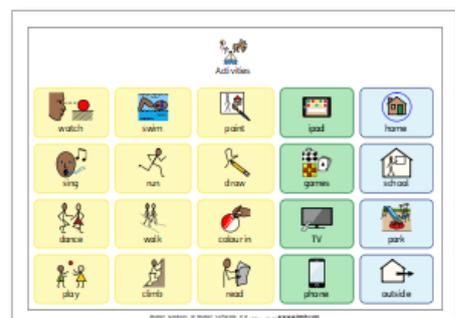


## Communication and Interaction

A range of Communication Cards (PECS), communication boards and games to help model and support communication.

## Communication Support

- Communication Board 1
- Communication Board 2
- Communication Cards (PECS)
- Communication Folder
- Now and Next
- Sentence Strips
- Small Fans
- What Can you Hear



## Games

- 4 In a Row
- Bingo Instructions
- Board Games
- Farm Dominoes
- Memory
- Noughts and Crosses
- Phonics Bingo
- Pop Up Pirate Communication Board
- Wild Animal Top Cards

