

Going to the Toilet

Social Story

Going to the Toilet at Home

Symbol Supported Social Story

NB - Choose the most appropriate option for your child from pages 6 - 8

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Web: <https://reachoutasc.com/>

Facebook: <https://www.facebook.com/ReachoutASC>

This resource was made primarily with a single skin-tone as it is intended to be used with a specific person. To make the social story more personalised you can customise the skin-tones in InPrint 3.

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Insert photo of person here



My name is

.



I live

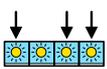


at home



with

..



I usually



eat



my breakfast



in the morning

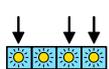
and



have a drink.



My family



usually

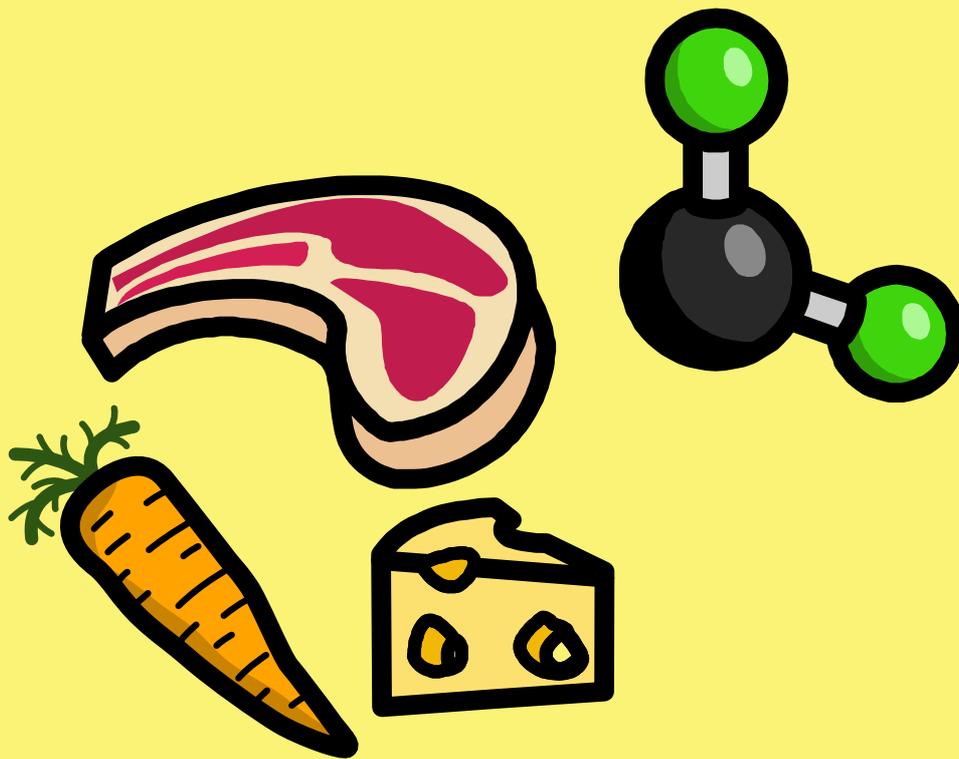


eat

and



drink too.



Bodies



get good things

from



food and drink.



These good things

are

called nutrients.



People



get energy

from



eating

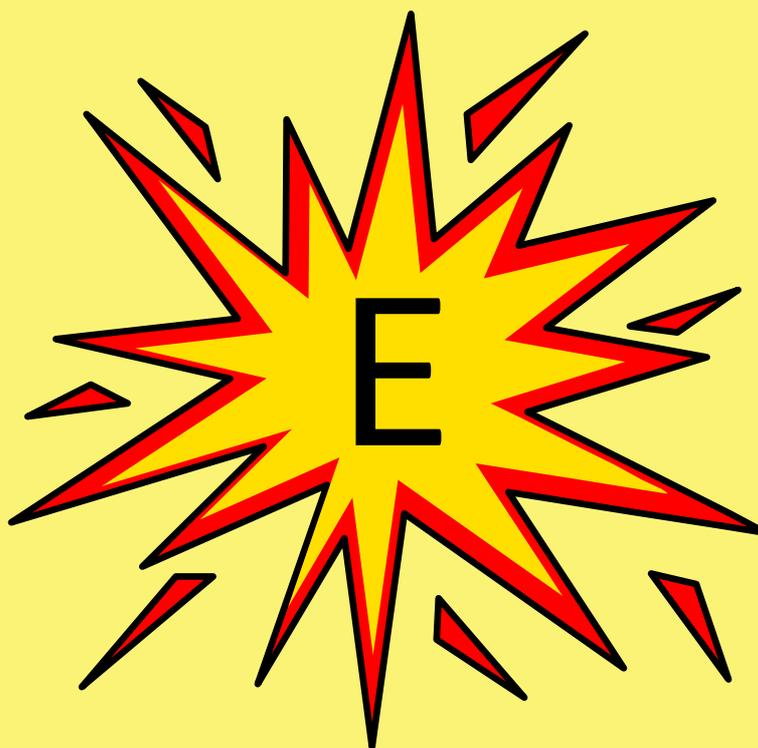
and



drinking.



This is good.



Food and drink



that is not



used for energy



in our body



turns into



wee

and



poop.



Our body



needs

to get the



wee

and



poop



out



to keep us healthy.



It is good



to go to the toilet



to wee



or poop.



I could



show

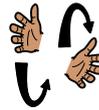


my toilet



symbol

or



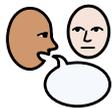
sign



'toilet.'



I could



say



"Toilet



please."



I could



go

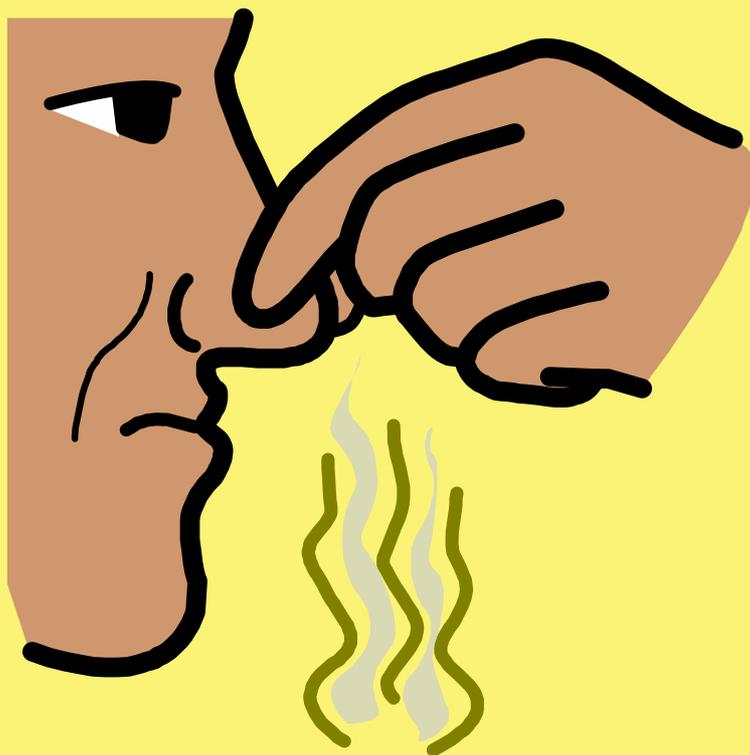


alone

or with a



grown up.



I can go to the toilet on my own or with an adult.



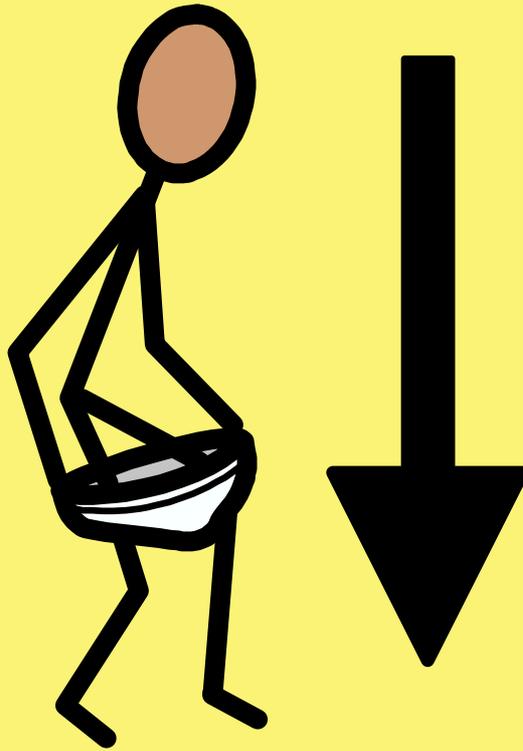
It might smell bad.



People might not like the smell.



This is okay.



I can



go



in the bathroom.



I can



pull down my pants.



I can



sit on or stand at the toilet.



I can try

to

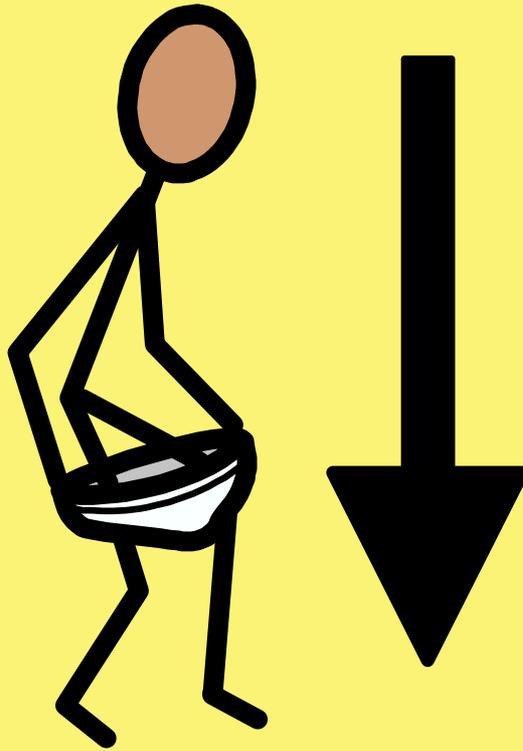


wee

or



poop.



I can



go



in the bathroom.



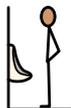
I can



pull down my pants.



I can



stand at the toilet.

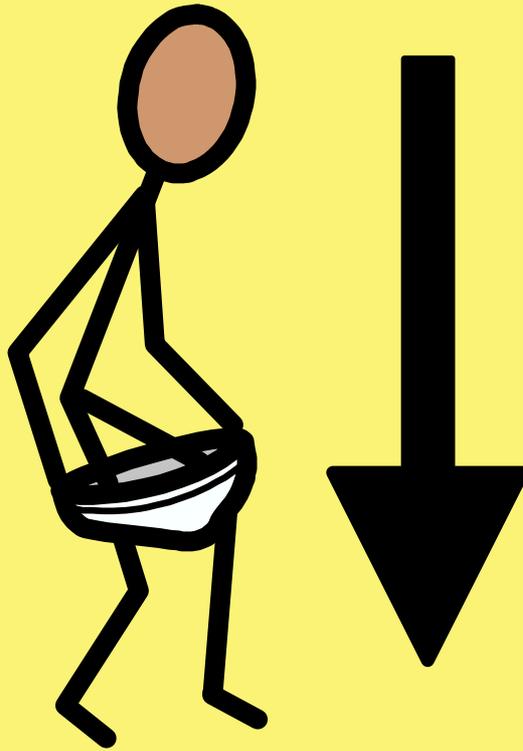


I can try

to



wee.



I can



go



in the bathroom.



I can



pull down my pants.



I can



sit on the toilet.



I can try

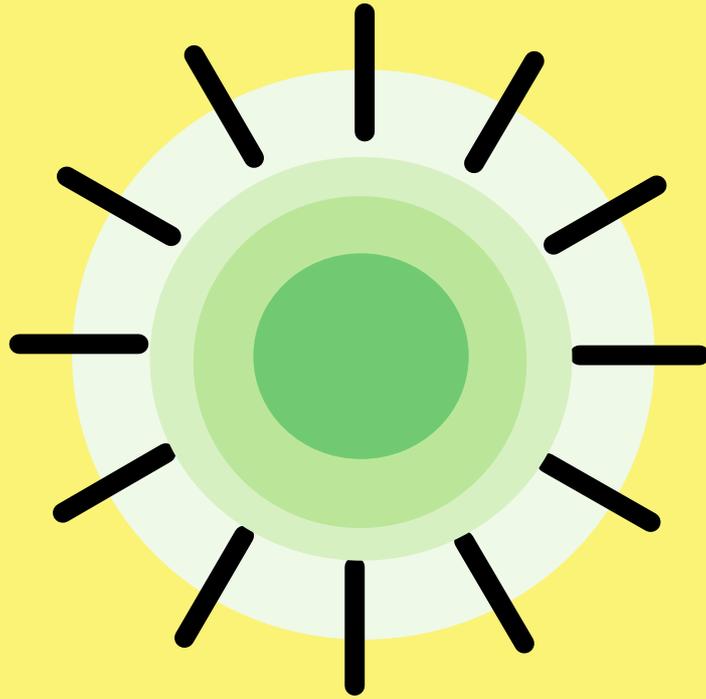


to wee

or

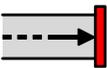


poop.



 
I might wee.

  
I might poop.

  
When I have finished I can try to wipe.

  
This is important and will keep me clean.



My adult



might help me



to wipe.



I can ask



them

to



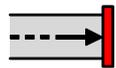
help me



wipe.



I will



finish



wiping.

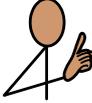


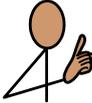
I will

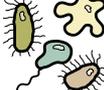
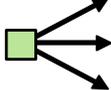


pull up my pants.



 People  should  wash their hands  after  wiping.

 People  should  dry their hands  after  washing them.

 Clean hands  stop  germs  spreading.

 This is good.



I can



go to the toilet.



I can



wash my hands



after



using the toilet.



Well done



me!



Brilliant.