

I am Autistic

Social Story

I am Autistic

Symbol Supported Social Story

Published by Widgit Software Ltd

© Widgit Software 2023

Widgit Symbols © Widgit Software Ltd 2002 - 2023

Tel: 01926 333680

Email: info@widgit.com

Web: www.widgit.com

Story written and created in collaboration with Lynn McCann, Autism Specialist at Reachout ASC and author of '*Stories that Explain*' published by LDA.

Web: <https://reachoutasc.com/>

Facebook: <https://www.facebook.com/ReachoutASC>

This resource was made primarily with a single skin-tone as it is intended to be used with a specific person. To make the social story more personalised you can customise the skin-tones in InPrint 3.

All of the materials are copyright. Files and documents printed from those files may be used within the purchasing organisation. They may not be passed to other centres.

Insert photo of person here



My name is



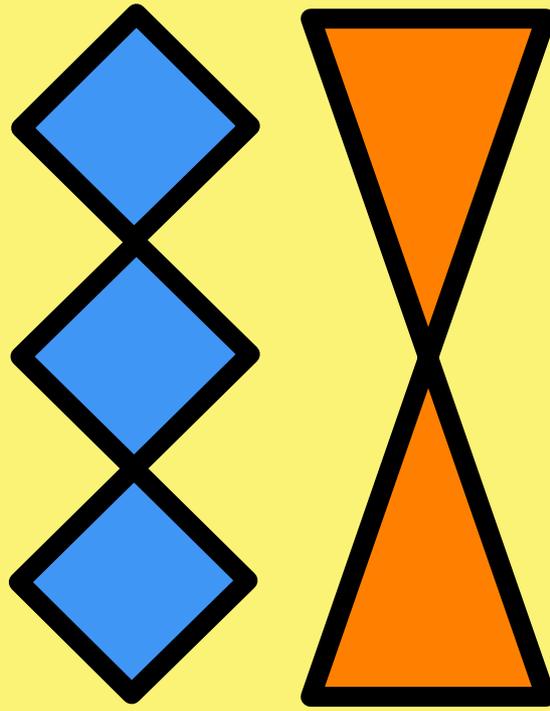
I am autistic.



Autism is the way my brain works.



This is okay.



All people's



brains

are



different.



Some brains



work

1

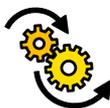
one



way.



Some brains



work



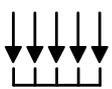
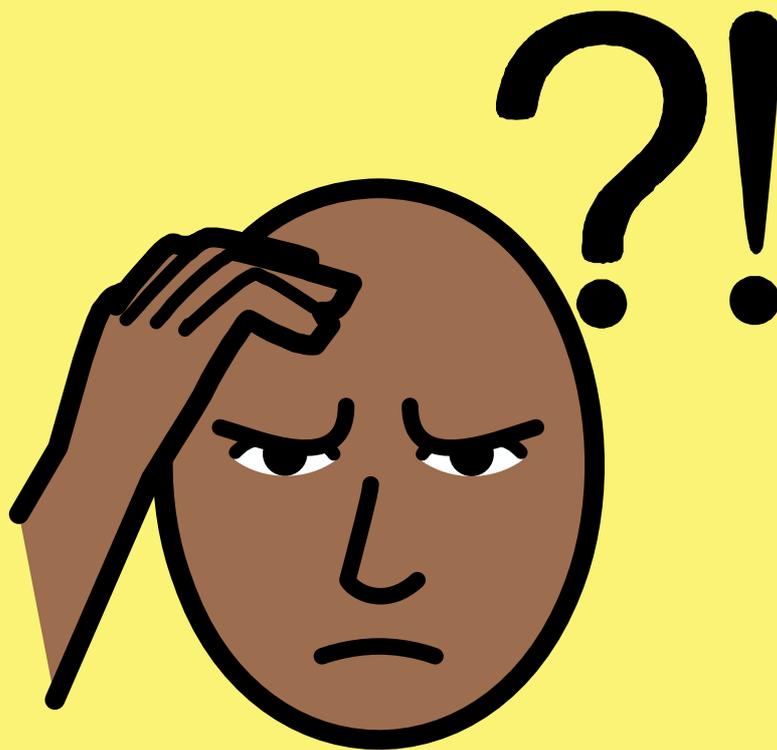
another



way.



This is okay.



Every

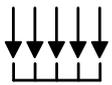


brain

has things it



can do well.



Every



brain

has things it



finds difficult.



People



think

in



different



ways.



This is okay.



Things I can do well.



This is what



I



use



my brain for.



This is good.



It is good when people understand that brains are different.



It is good when people know that autistic people might need



to do things in different ways.



Things like shopping, playing or going to school.



Things that I find difficult.



This is what



I might



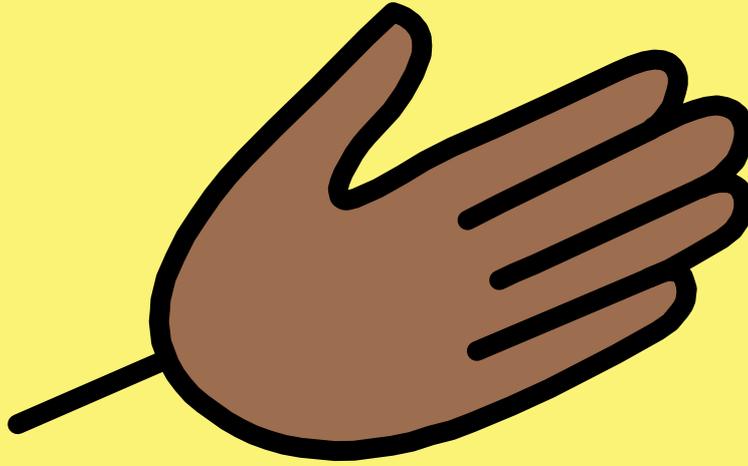
need help with.



This is okay.



Things that might help me.



If people know I am autistic, that is good.



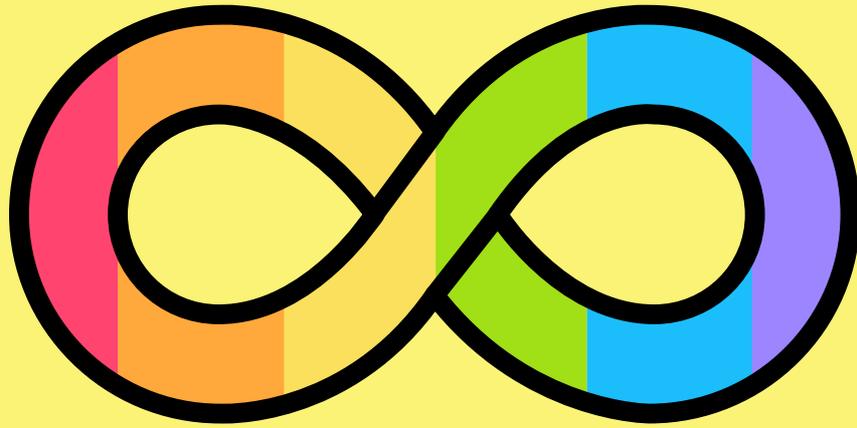
It is usually easier for them and they can help me.



They can learn how to help me.



This is good!



My name is



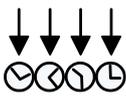
I am



autistic.



I



will always



be autistic.

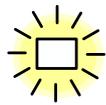


I can grow

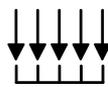
and



learn



new things

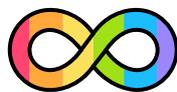


all of the time.

Insert photo of person here



I am me.



I am autistic.



This is great